



Got Health?

DECEMBER 8, 2020, 7:00PM

Livestream: Ceres SDA Church
YouTube Channel



Dr. Milton R. Mills, Presenter
Critical Care Physician
Appeared in *Forks Over Knives* and
What the Health documentaries.
Renowned Health Lecturer
.....
Dr. Milton R. Mills, graduated
from Stanford School of Medicine and
completed residency training at
UCSF-Fresno and Georgetown
University in Washington, D.C.

Learn how to...

*Lose Weight, Prevent and/or Reverse Diabetes, Depression, Heart Disease,
High Blood Pressure, Cancer and Stroke.
And strengthen your immune system to fight Covid 19.*



Sponsored by
Ceres Seventh-day
Adventist Church
www.ceresadventist.org
(209) 538-1024
and the
NAACP



December 5, 2020

Enjoy Worship With Your Church Family in the Courtyard

Bring your lawn chairs/blankets for an outdoor worship service. Please wear your masks and maintain a safe social distance while on the church campus.

- 9:30am **Zoom Adult Sabbath School**, Led by Ed Holm
Zoom Meeting ID: 180 875 679 Password: Ceres
- 9:35 am **Children's Sabbath School Livestream**
www.CeresAdventist.org or
Ceres SDA Church YouTube Channel
Children's and Adult Sabbath School study guides are available at www.ssnet.org.
- 9:45 am **Live Adult Sabbath School**, Led by David Tank
- 11:00 am **Outdoor Church and Livestream**
Praise Team Leader: Janette Claridge
Opening Prayer & Announcements Chris and Sherri Nelson
Children's Story David Tank
Worship in Song *I'll Fly Away*
Mighty to Save Defender
Prayer Jay Cook
Special Music Lorna Jenkins
Getting into the Word Ted Baze

THE WEEKLY CALENDAR

Sabbath, December 5

- 9:30am Adult Sabbath School (via Zoom)
- 9:35am Children's Sabbath School, Livestream
- 9:45am Adult Sabbath School (Live at church)
- 11:00am Worship service
- 1:00pm Witnessing small group class
- 4:00pm Youth Snack and Chat, via Zoom

Sunday, December 6

Monday, December 7

Tuesday, December 8

- 9:00am-11:00am Community Services Food Bank Open
- 7:00pm "Got Health?", Ceres SDA Church YouTube Livestream

Wednesday, December 9

- 7:00pm Bible study and Prayer, Courtyard

Thursday, December 10

Friday, December 11

Sabbath, December 12

- 9:30am Adult Sabbath School (via Zoom)
- 9:35am Children's Sabbath School, Livestream
- 9:45am Adult Sabbath School (Live at church)
- 11:00am Worship service
- 1:00pm Witnessing small group class
- 4:00pm Youth Snack and Chat, via Zoom

CONTACT US

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Senior Pastor, Ted Baze	(209) 222-0227
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Assoc. Pastor, Jonathan Sanchez	(559) 779-8154
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Church Secretary, Kara Claridge	Office (209) 538-1024
	Cell. (209) 484-1562
Head Elder, Scott Wendt	(209) 537-3270
Central Valley Christian Acad.	(209) 537-4521
Advent Christian Books	(209) 581-9599

Looking Ahead

December

- 8 Health Event
- 12 Christmas Service
- 14 Free Food! Second Harvest Mobile Pop-up
- 19-Jan. 3 CVCA Christmas Break
- 20 Sabbath Keepers Motorcycle Ministry Meeting and Toy Run

January

- 6-16 Days of Prayer

Worship Schedule

December

- 12 Christmas Service
- 19 Jonathan Sanchez
- 26 Ted Baze

Sunsets

- December 5, 4:47pm
- December 12, 4:47pm

Do you have a prayer request?

Use our Church-app to send your prayer request or email to ceresprayer@yahoo.com or call (209) 541-1731.

Would you like to receive the weekly Bulletin by email?

Send your email request to ceresadventist@sbcglobal.net or view it on your smart phone with our Church-app.

ANNOUNCEMENTS

Please Pick up Your Sabbath School Quarterly for the Next Quarter

We are distributing the quarterlies a little earlier this time. Due to all that is going on with Covid, we are making the quarterlies available to you now in case there is a total shut down that will make it much harder for you to pick it up. Please pick up yours in the lobby.

Shut-In Birthday

December 8: Jim Monteith

Membership Transfer

Second Reading

Sarah Holder Rice to Wilmington, NC



Snack and Chat will be at 4:00pm, this week. Our hosts will be the Magpayo family.

2 Adult Sabbath Schools

In Person!

9:30am
Zoom Adult Sabbath School,
Zoom Meeting ID: 180 875 679
Password: Ceres

I'll Fly Away



Some glad morning when this life is o'er,
I'll fly away;
To a home on God's celestial shore,
I'll fly away (I'll fly away).

Chorus

I'll fly away, Oh Glory
I'll fly away; (in the morning)
When I die, Hallelujah, by and by,
I'll fly away (I'll fly away).

When the shadows of this life have gone,
I'll fly away;
Like a bird from prison bars has flown,
I'll fly away (I'll fly away)

Chorus

Just a few more weary days and then,
I'll fly away;
To a land where joy shall never end,
I'll fly away (I'll fly away)

Mighty to Save



Everyone needs compassion
A love that's never failing
Let mercy fall on me

Everyone needs forgiveness
The kindness of a Savior
The hope of nations

(Chorus)

Savior, He can move the mountains
My God is mighty to save
He is mighty to save

Forever author of salvation
He rose and conquered the grave
Jesus conquered the grave

So take me as You find me
With all my fears and failures
Fill my life again

I give my life to follow
Everything I believe in
And now I surrender

(Chorus)

Forever author of salvation
He rose, He conquered the grave
Jesus conquered the grave

Shine your light and let the whole world see
We're singing for the glory of the risen King, Jesus
Shine your light and let the whole world see
We're singing for the glory of the risen King

(Chorus)

Forever author of salvation
He rose and conquered the grave
Jesus conquered the grave

(Chorus)

Forever author of salvation
He rose and conquered the grave
Jesus conquered the grave

(Chorus)

Forever author of salvation
He rose and conquered the grave
Jesus conquered the grave

(Chorus)

Forever author of salvation
He rose and conquered the grave
Jesus conquered the grave

Defender

Steffany Gretzinger, Francesca Battistelli



You go before I know
That You've even gone to win my war
You come back with the head of my enemy
You come back and You call it my victory, oh-oooh

You go before I know
That You've even gone to win my war
Your love becomes my greatest defense
It leads me from the dry wilderness

And all I did was praise
All I did was worship
All I did was bow down, oh
All I did was stay still

Hallelujah, You have saved me
So much better Your way
Hallelujah, great Defender
So much better Your way

You know before I do
Where my heart can seek to find Your truth
Your mercy is the shade I'm living in
And You restore my faith and hope again

And all I did was praise, ohhh, oh-oooh
All I did was worship
All I did was bow down, oh
All I did was stay still, stay still

Hallelujah, You have saved...
When I thought I lost me
You knew where I left me
You reintroduced me to Your love
You picked up all my pieces
Put me back together
You are the defender of my heart
When I thought I lost me
You knew where I left me
You reintroduced me to Your love
You picked up all my pieces
Put me back together
You are the defender of my heart
When I thought I lost me
You knew where I left me
You reintroduced me to Your love
You picked up all my pieces
Put me back together
You are the defender of my heart

Hallelujah, You have saved me
So much better this way
Hallelujah, great Defender
So much better Your way
So much better Your way
(I know it's so much better)
So much better Your way
(I know it, I know it)

And all I did was praise
All I need to do is worship
Lord, I will just bow down
I'm just gonna stay still